

**Monday, February 5, 2018**

**All traumatized?**

**How to get out of the trap.**

**As long as we do not broadcast very widely through the men of this Planet, the way their brain works, the way they use it, until they say, that until here it has always been to dominate the Other.**

**There is little chance that there is something that changes!**

**Henri LABORIT, from the Alain RENAI film  
My uncle from America (1980)**

**Since a footprint as defined in the articles referenced above induces a footprint (or a 'mark') , consequence of an action of appropriation by dispossession of the other and a domination, we can agree that to one degree or another we are all 'traumatized' without however we can all be included in the nosography of people with a psychic trauma \* as defined in psychotraumatology.**

**This paradoxical situation deserves to be clarified by starting with a few historical reminders.**

**We know the fate of Sigmund FREUD and his theory of trauma related to sex that was likely to echo a form of collective unconsciousness that would emancipate itself from the then restrictive social norms of sexuality at the time.**

**In this perspective, psychoanalysis is not unrelated to this liberation of morals, but psychoanalytic work has developed, especially in France, to**

the detriment of other approaches passed over until very recently.

This is the case of Pierre JANET (1859-1947), also a pupil of Jean-Martin CHARCOT (1825-1893) at Salpêtrière Hospital, as was FREUD .

Today, Pierre JANET's theories are currently making a remarkable comeback through victimology research carried out in several countries, particularly in Japan, Germany, Canada, Holland, Russia, the USA, etc

So many nations who are now showing a considerable lead over France, despite being a world leader in its time (before and after the 1914-18 war), in the treatment and management of psychic traumas and PTSD (State of Post Traumatic Stress, see Narcissistic perversion and psychic trauma: the biologizing approach)

This 'rebirth', although still timid, is not due to the fruit of 'chance' or the courage of some 'irreducible Gauls', because if this school is currently developing in France, as a right return to its roots, it is above all because it meets a great success with the victims themselves who find the means to cope with the vagaries of daily life with more success than allow practices 'classic', and thanks to new therapies developed on the basis of the understanding of the human that we inculcated the works of Pierre JANET.

What about traumas and their treatment from the point of view of the janetian clinic?

We will focus here first and foremost on the treatment of complex traumas, which more particularly concerns the right-of-way relationship.

The general principles which emerge from it are universal, that is to say that they are applicable in all the situations of psychic hold that this one is exerted by a domestic tyrant or a despot.

Details on Psychic Trauma:

There is a traumatism when the chain of signifiers is broken and the information of the traumatic event lived is not correctly integrated \* in our psyche, because the traumatic experiences that we live must be assimilated to be able to lead a fulfilled life without pretense.

Although throughout our lives we are all exposed to various traumas (separation, loss of employment, death of a loved one, accidents, etc., see the stress assessment scale for a review roughly complete traumatic events that can potentially induce a state of chronic stress), we do not all emerge traumatized to the point of being stressed (neurotic) or developing a disorder or mental illness.

Most of the time our resilience allows us to return to a normal life after a more or less prolonged period of mourning.

Thus, there is a causal link between the severity of the trauma and abuse, neglect, unsecured attachment relationships, etc., which makes child traumatization thus a central part of the development of disorders of traumatic origin in children and adults.

This means that early trauma is a major causal factor in the risk of developing more severe and lasting symptoms in adulthood.

Note that it is in the rejection of the work of mourning and its expulsion that will be housed the defensive development of a narcissistic perversion, because "a work of the self is never lost: no psychic work is lost" it is of some importance.

What is not accomplished by one will still have to be done. It will be by others.

It will be transported. But not without having been degraded on the way.

Thus, as seen in a previous source.

(Narcissistic perversion and psychic trauma: the biologizing approach), the narcissistic perversion is of traumatic origin.

Moreover, it is an essential detail to know about trauma: it is contagious.

Saverio TOMASELLA even writes that "the propagation of the trauma is characteristic of the fact that the repetition of traumatic imprints, their recurring staging in reality, brings everything in its path like a backdrop"

And Florence CALICIS, in her excellent article on the transgenerational transmission of traumas and undisguised suffering, also explains that "one can have inherited the traumas of one's ancestors, without being aware of them"

(which, incidentally, is the mode of diffusion of the narcissistic perversion that Paul-Claude RACAMIER, the inventor of the concept, Maurice HURNI and Giovanna STOLL, authors of two reference works on the subject - The hatred of love: the perversion of the link and Psychic misery in everyday life: narcissistic perversion in families - attributed to the horrors of Nazism and the Second World War)

According to the authors of the reference book for the management of psychic trauma Haunted self: Structural dissociation and treatment of chronic traumatization, the structural dissociation of personality \* is the key to understanding traumatization .

There is therefore a close correlation between the severity of the trauma and the importance of dissociation.

[youtu.be/MiYRgFXnGc](https://youtu.be/MiYRgFXnGc)

The asterisk \* refers to the glossary used.

Posted by [Veronica IN DREAM](#) at 2:44 PM